

GEORGE STREET QUARTERS

SMOOTHIE BOWLS

Acai Energy Bowl \$16

Banana, acai, almond mylk.
Topped; strawberry, granola, goji,
cacao nibs, coconut (ve)(gfa)

Ocean Bowl \$16

Blue spirulina, banana,
coconut mylk.
Topped; blueberries, peanut butter,
granola, coconut, cacao nibs
(ve)(gfa)

+ GF Granola +\$1

SIDES

Sauteed spinach & kale// \$3

Confit Garlic Tomato//

House made chutney //

Bacon // Roasted mushrooms \$4

Avocado // Leek & potato hash // \$5

Haloumi//

Sourdough, Multigrain or \$7

Super Seeded GF paleo toast \$8

Hanks jam (ve)

House Made Banana Bread \$14

espresso whipped ricotta,
& charcoal roasted hazelnuts (v)

House Toasted Granola \$16

Coconut & mandarin panna cotta,
black sesame brittle & rhubarb
+ Coyo (ve) \$18

Free Range Eggs anyway \$12

sourdough, multigrain or
Gf paleo toast \$13

Passionfruit Waffles \$18

butterscotch banana, orange,
wattle seed & chocolate (v)

Dukkha Crumb Avocado \$18

toasted seeds, lemon labne,

+ Chestnut hummus (ve)(no labne) \$22

+ 2 poached eggs \$22

Super Green Omelette \$24

pine nuts, rocket, cherry tomato,
feta (gf)

BRUNCH

(served all day)

Nourish Bowl \$19

edamame, wild rice, avocado,
broccolini, beetroot, snow pea, zucchini,
chickpea, kimchi, ginger soy & miso corn
glaze (ve)(gfa)

+ Marinated chicken breast \$24

+ 2 poached eggs \$21

+Temphe \$23

Benedict \$22

free range poached eggs, bacon, crispy
leek, potato & seeded mustard hash,
spinach, hollandaise (gf)

Croque Monsieur \$19

béchamel, 3 cheese, ham, Dijon, pickles
+ fried egg \$21

\$20

Morning Ramen

chashu pork belly, wheat noodle, broccoli,
onsen egg, spicy miso & tonkotsu broth

Mushroom Medley \$22

potato, leek & seeded mustard hash,
sautéed spinach & kale, reggiano (gf)

LUNCH

(served 12 - 3pm)

Blue Swimmer Crab Linguine \$26

Handmade linguine, fennel,
chilli, lemon, evoo

Dukkha Spiced Roast Vegetables \$24

Lemon quinoa, chestnut hummus
& coconut yoghurt (ve)

+ Marinated chicken breast \$26

Crispy Cauliflower and Black Bean Tacos \$19

Pico de gallo and vegan chipotle aioli (gf)(ve)
+ chashu pork belly \$23

Steak Sandwich \$26

Scotch fillet, bacon, onion jam, swiss
cheese, tomato, cos, thyme aioli, fries

Shoestring fries \$6

KIDS

Breakfast

Free range egg, bacon, toast \$8

mini acai \$10

Passionfruit waffles, strawberries, banana, \$12

maple syrup

Lunch

Chicken parmi & fries \$14

Linguine, Napoli sauce, spinach & \$14

reggiano

HOT

flat white, cappuccino, long black, latte	4.50
long macchiato, mocha	4.70
hot chocolate, chai latte	4.70
turmeric latte	4.50
short macchiato	3.50
espresso	3.00
affogatto	5.50
extra shot	.50
almond mylk, coconut mylk	.50
Make it a mug	1

XO TEA

Pot for one	4.50
Pot for two	6.50
The Royal - english breakfast	
The Empress - earl grey	
Seven Sister- masala chai	
California Current - peppermint leaf	
Daybed - lemongrass & ginger	
Shaded - sencha green	
Bossa Nova - organic green	

COLD

iced latte	4.50
iced coffee w/ ice crema	7
iced chocolate w/ ice cream	7
sprite, diet coke, coke	4
tonic, ginger ale, soda	4
lemon, lime & bitters	5
san pellegrino 700ml	5

SHAKES

gingerbread, strawberry,	8
vanilla or chocolate	8
Soft drink spider	

Bruce Juice

Straight	4.50
Orange or apple	
Red -raspberry, apple, lemon	6.00
Golden - passionfruit, mango, peach	
Greener - spinach, kale, apple, celery, spirulina, lemon	

SMOOTHIES

Chuck Berry	9.
mixed berries, banana, yoghurt, cows milk, honey	

First Date	
cacao, dates, banana, sea-salt, peanut butter, almond mylk	

Hall & Oats	
banana, oats, cinnamon, honey, almond mylk	

Ginger Spice	
banana, turmeric, cinnamon, honey almond mylk	

The Cure	
pineapple, mango, kale, young coconut, spirulina, coconut water	

Pineapple Express	
Pineapple, mango, matcha, chia, honey, coconut mylk	

add protein powder	1.50
add extra fruit	1.50

DRINKS

HEALTH DRINKS

Kommunity Brew Kombucha	8.5
(handcrafted, organic & local – 500ml) oolong tea // ginger & turmeric//galaxy hops	

Mojo Kombucha	6
Passionfruit	
Blueberry & ginger	
Ginger	
Turmeric	
Lemon citrus	

Appelachia	
(sparkling apple cider vinegar – 300ml) Yuzu lemonade superfood	5.80
Passionfruit	4.80
Ginger turmeric yuzu	4.80